

## Medline

1. Cardiovascular diseases [mesh]
2. Cardiovascular system [mesh]
3. Vascular diseases [mesh]
4. Blood vessels [mesh]
5. Venous Insufficiency [mesh]
6. Varicose ulcer [mesh]
7. Peripheral Vascular Diseases [mesh]
8. Peripheral Arterial Disease [mesh]
9. Hypertension [mesh]
10. Heart Failure [mesh]
11. Heart Failure, Diastolic [mesh]
12. Heart Failure, Systolic [mesh]
13. #1 OR #2 OR #3 OR #4 OR #5 OR #6 OR #7 OR #8 OR #9 OR #10 OR #11 OR #12
14. "Blood flow restriction training"
15. "Blood flow restriction"
16. "Blood flow restricted training"
17. "Kaatsu"
18. "Kaatsu training"
19. #14 OR #15 OR #16 OR #17 OR #18
20. Humans [mh]
21. Animals [mh]
22. #20 NOT #21
23. #13 AND #19 AND #22

PUBMED: 59 resultados.

EMBASE

1. Cardiovascular diseases [mesh]
2. Cardiovascular system [mesh]
3. Vascular diseases [mesh]
4. Blood vessels [mesh]
5. Venous Insufficiency [mesh]
6. Varicose ulcer [mesh]
7. Peripheral Vascular Diseases [mesh]
8. Peripheral Arterial Disease [mesh]
9. Hypertension [mesh]
10. Heart Failure [mesh]
11. Heart Failure, Diastolic [mesh]
12. Heart Failure, Systolic [mesh]
13. #1 OR #2 OR #3 OR #4 OR #5 OR #6 OR #7 OR #8 OR #9 OR #10 OR #11 OR #12
14. "Blood flow restriction training"
15. "Blood flow restriction"
16. "Blood flow restricted training"
17. "Kaatsu"
18. "Kaatsu training"
19. #14 OR #15 OR #16 OR #17 OR #18
20. 'animal experiment'

21. #13 AND #19 NOT #20

RESULTADOS : 34

## CINAHL

1. Cardiovascular diseases [mesh]
2. Cardiovascular system [mesh]
3. Vascular diseases [mesh]
4. Blood vessels [mesh]
5. Venous Insufficiency [mesh]
6. Varicose ulcer [mesh]
7. Peripheral Vascular Diseases [mesh]
8. Peripheral Arterial Disease [mesh]
9. Hypertension [mesh]
10. Heart Failure [mesh]
11. Heart Failure, Diastolic [mesh]
12. Heart Failure, Systolic [mesh]
13. #1 OR #2 OR #3 OR #4 OR #5 OR #6 OR #7 OR #8 OR #9 OR #10 OR #11 OR #12
14. "Blood flow restriction training"
15. "Blood flow restriction"
16. "Blood flow restricted training"
17. "Kaatsu"
18. "Kaatsu training"
19. #14 OR #15 OR #16 OR #17 OR #18
20. 'animal'
21. #13 AND #19 NOT #20

RESULTADOS: 18

## SPORTDISCUS

1. Cardiovascular diseases [mesh]
2. Cardiovascular system [mesh]
3. Vascular diseases [mesh]
4. Blood vessels [mesh]
5. Venous Insufficiency [mesh]
6. Varicose ulcer [mesh]
7. Peripheral Vascular Diseases [mesh]
8. Peripheral Arterial Disease [mesh]
9. Hypertension [mesh]
10. Heart Failure [mesh]
11. Heart Failure, Diastolic [mesh]
12. Heart Failure, Systolic [mesh]
13. #1 OR #2 OR #3 OR #4 OR #5 OR #6 OR #7 OR #8 OR #9 OR #10 OR #11 OR #12
14. "Blood flow restriction training"
15. "Blood flow restriction"
16. "Blood flow restricted training"
17. "Kaatsu"
18. "Kaatsu training"
19. #14 OR #15 OR #16 OR #17 OR #18
20. 'animal'
21. #13 AND #19 NOT #20

RESULTADOS: 32

