

Tabla material suplementario: Escala de PEDro

	Criterios										Puntuación
	2	3	4	5	6	7	8	9	10	11	Total
Ata et al. ³	1	0	1	0	0	0	0	1	1	1	5/10
Hayta y Umdu. ⁴	1	0	1	0	0	0	0	1	1	1	5/10
Capó-Juan et al. ⁷	1	0	1	1	0	0	0	1	1	1	6/10
Shakeri et al. ¹¹	1	0	1	0	0	0	0	1	1	1	5/10
Bae. ¹²	1	0	1	0	0	0	0	1	1	1	5/10
Mohamadi et al. ¹³	1	0	1	1	0	0	0	1	1	1	6/10
Özturk et al. ²¹	1	0	1	0	0	0	0	1	1	1	5/10
Imperatori et al. ²⁶	1	0	1	0	0	0	0	1	1	1	5/10
Méndez-Rebolledo et al. ³⁷	1	0	1	0	0	0	0	1	1	1	5/10
Kilinç et al. ³⁸	1	0	1	0	0	0	0	1	1	1	5/10
Noguera et al. ³⁹	1	0	1	1	1	0	1	1	1	0	7/10
Rasti y Shamsoddini. ⁴⁰	1	0	1	1	1	0	1	1	1	0	6/10