**Supplemental Data 1.** The original 8-item Morisky Medication Adherence Scale (MMAS-8)\*

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| Item 1. Do you sometimes forget to take your diabetes medicine? |
| Item 2. Over the past two weeks, were there any days when you did not take your diabetes medicine? |
| Item 3. Have you ever cut back or stopped taking your diabetes medicine without telling your doctor because you felt worse when you took it? |
| Item 4. When you travel or leave home, do you sometimes forget to bring along your diabetes medicine? |
| Item 5. Did you take your diabetes medicine yesterday? |
| Item 6. When you feel like your blood glucose is under control, do you sometimes stop taking your diabetes medicine? |
| Item 7. Taking medication every day is a real inconvenience for some people. Do you ever feel hassled about sticking to your diabetes treatment plan? |
| Item 8. How often do you have difficulty remembering to take all your diabetes medications? |

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