

**MATERIAL ELECTRÓNICO SUPLEMENTARIO. Apéndice**

**Tabla 1**

Características de los/las pacientes no incluidos/as en función del criterio de exclusión:

	Pacientes dados/as de alta de urgencias (N = 924)	Pacientes ingresados/as en UCI o U.U. Cor. (N = 64)	Pacientes ingresados/as en otra unidad hospital (N = 395)	Pacientes fallecidos/as en el hospital (N = 270)	Pacientes con datos perdidos (N = 309)
<b>Datos demográficos</b>					
Edad ≥ 75 años [n (%)]	653 (71,0)	27 (42,2)	293 (74,6)	242 (89,6)	231 (75,0)
Sexo mujer [n (%)]	513 (55,6)	25 (39,1)	238 (60,4)	170 (63,0)	188 (60,5)
<b>Antecedentes personales</b>					
Hipertensión arterial [n (%)]	751 (81,4)	48 (75,0)	321 (81,7)	223 (82,6)	260 (83,6)
Cardiopatía isquémica [n (%)]	298 (32,3)	26 (40,6)	111 (28,3)	81 (30,0)	107 (34,4)
Diabetes mellitus [n (%)]	360 (39,0)	34 (53,1)	162 (41,2)	100 (37,2)	152 (49,0)
Fibrilación auricular [n (%)]	439 (47,6)	12 (18,8)	188 (47,8)	112 (41,5)	166 (53,4)
Enfermedad cerebrovascular [n (%)]	103 (11,2)	8 (12,5)	42 (10,7)	37 (13,7)	33 (10,6)
Enfermedad pulmonar obstructiva crónica [n (%)]	207 (22,4)	9 (14,1)	102 (26,0)	68 (25,2)	76 (24,4)
Insuficiencia renal crónica [n (%)]	185 (20,0)	12 (18,8)	72 (18,3)	90 (33,3)	63 (20,3)
Demencia [n (%)]	68 (7,4)	4 (6,2)	37 (9,4)	53 (19,6)	39 (12,5)
Neoplasia [n (%)]	100 (10,8)	4 (6,2)	51 (13,0)	34 (12,6)	37 (11,9)
Comorbilidad grave (H-Charlson ≥ 3) [n (%)]	404 (43,8)	24 (37,5)	181 (45,9)	157 (58,1)	165 (53,1)
Episodio previo de insuficiencia cardíaca [n (%)]	525 (57,4)	31 (49,2)	261 (67,4)	185 (69,5)	218 (70,8)
Portador/a de dispositivo [n (%)]	74 (8,0)	2 (3,1)	22 (5,6)	25 (9,3)	22 (7,1)
<b>Situación basal</b>					
Cardiorrespiratoria NYHA III-IV [n (%)]	134 (16,7)	6 (10,3)	89 (23,4)	94 (37,9)	82 (27,4)
Dependencia grave (H-Barthel < 60 puntos) <sup>a</sup> [n (%)]	121 (15,8)	5 (8,8)	57 (15,5)	103 (44,0)	96 (32,3)
Social (vive solo/a) <sup>b</sup> [n (%)]	211 (37,5)	17 (48,6)	41 (25,6)	32 (15,6)	20 (18,9)
Función sistólica no conservada (≤ 45%) <sup>c</sup> [n (%)]	182 (41,6)	14 (50,0)	70 (49,3)	52 (44,4)	73 (46,2)
<b>Tipo de ICA</b>					
Hipertensiva (PAS > 140 mmHg) [n (%)]	474 (52,5)	28 (45,9)	168 (44,3)	98 (37,5)	127 (43,8)
Normotensiva (PAS 100-140 mmHg) [n (%)]	408 (45,2)	25 (41,0)	201 (53,0)	137 (52,5)	147 (50,7)
Hipotensiva (PAS < 100 mmHg) [n (%)]	29 (2,2)	8 (13,1)	10 (2,6)	26 (10,0)	16 (5,5)
<b>Datos clínicos del episodio agudo</b>					
Hipotensión arterial (PAS < 100 mmHg) [n (%)]	20 (2,2)	8 (13,1)	10 (2,6)	26 (10,0)	16 (5,5)
Hipoxemia (saturación O <sub>2</sub> ≤ 90%) [n (%)]	84 (9,5)	21 (37,5)	79 (21,9)	102 (39,5)	83 (30,4)
NYHA del episodio III-IV [n (%)]	663 (74,9)	56 (93,3)	350 (91,4)	256 (96,6)	285 (94,4)
<b>Datos analíticos del episodio agudo</b>					
Anemia [n (%)]	483 (53,7)	28 (45,2)	199 (55,4)	169 (64,0)	139 (62,3)
Insuficiencia renal (FGe < 60 ml/min) [n (%)]	426 (48,5)	33 (54,1)	198 (54,0)	190 (72,8)	130 (58,0)
Hiponatremia (natremia < 135 mEq/L) [n (%)]	161 (18,0)	17 (28,3)	72 (23,2)	78 (29,9)	49 (26,8)
<b>Factores precipitantes</b>					
Infección [n (%)]	215 (24,1)	10 (15,6)	117 (30,1)	109 (41,3)	86 (27,9)
Fibrilación auricular rápida [n (%)]	105 (11,8)	6 (9,4)	57 (14,7)	31 (11,7)	32 (10,4)
Anemia [n (%)]	47 (5,3)	0 (0,0)	22 (5,7)	20 (7,6)	22 (7,1)
Crisis hipertensiva [n (%)]	41 (4,6)	5 (7,8)	22 (5,7)	6 (2,3)	19 (6,2)
Falta de adherencia al tratamiento [n (%)]	52 (5,8)	1 (1,6)	9 (2,3)	4 (1,5)	5 (1,6)
Síndrome coronario agudo [n (%)]	5 (3,1)	18 (58,1)	8 (4,3)	17 (32,1)	9 (5,0)
Desconocido o no común [n (%)]	156 (17,5)	17 (26,6)	100 (25,7)	46 (17,4)	109 (35,4)
<b>Día de ingreso</b>					
Lunes, martes o miércoles [n (%)]	477 (51,7)	34 (54,8)	181 (55,2)	122 (45,2)	137 (53,9)
<b>Resultados</b>					
Mortalidad a los 30 días tras el alta [n (%)]	19 (2,1)	3 (3,1)	33 (8,4)	-	-
Reingreso a los 30 días tras el alta [n (%)]	247 (28,9)	15 (25,0)	87 (31,1)	-	-

FGe: filtrado glomerular; JCA: insuficiencia cardíaca aguda; NYHA: New York Heart Association; PAS: presión arterial sistólica; NYHA: New York Heart Association; FGe: filtrado glomerular; UCE: unidad de corta estancia.

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~~\*Destacado en negrita~~ Subrayados los valores con diferencias estadísticamente significativas ( $p < 0,05$ ) respecto a la muestra del total de pacientes incluidos.

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