

Obesity	BMI ≥30 kg/m2 from self-reported height and weight				
Hypercholesterolemia	Answered “Yes” to the question “Has your doctor ever told you that you suffer from Hypercholesterolemia?”	Answered “Yes” to at least one of the questions “Have you ever suffered from Hypercholesterolemia?” or “Has your doctor ever told you that you suffer from Hypercholesterolemia?”	Not assessed	Answered “Yes” to at least one of the questions “Have you ever suffered from Hypercholesterolemia?” and “Has your doctor ever told you that you suffer from Hypercholesterolemia?”	
Diet	Consumption of fruit, meat, cold meat, fish, vegetables, legumes, milk and derived, pastries				
Sedentarism	Answered "I don't do any exercise" to the question "What type of physical activity do you do in your leisure time?"	Answered "I don't do any exercise" to the question "Which of these options describes better the frequency of your leisure-time physical activity?"	Answered "No, I don't usually do physical activity" to the question "Do you do physical activity in your leisure time such as walking, sport, gymnastics...?"	NA	Answered "I don't do any exercise" to the question "Which of these options describes better the frequency of your leisure-time physical activity?"
Alcohol consumption	Not assessed	Answered "Yes" to the question "Have you drink alcohol in the last 12 months?"			Answered "Daily, 5-6 times per week, 3-4 times per week, 1-2 times per week, once per month, less than one per month" to the question "In the last 12 months, what was the frequency of your alcohol consumption of any type?"
Tobacco consumption	Answered “Yes, daily” or “Yes, but not daily” to the question “Are you a current smoker?”.				