

Knowledge Questionnaire

Translated and adapted by

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We would like to ask you some questions about heart disease. For questions 1 through 4 please put True (T), False (F), or Do Not Know (NK) in each space (___). There can be more than one right answer!

1. A heart attack is:

- a) When the heart stops beating: ___
- b) Caused by a clot in one of the arteries of the heart: ___
- c) When the heart has an infection: ___
- d) When the heart is not receiving enough blood: ___
- e) When you have a collapse after an emotional shock: ___
- f) When the heart is weak: ___

2. The pain in a heart attack is:

- a) Caused by lack of oxygen in the heart: ___
- b) The same as in indigestion: ___
- c) Always means that there is objective damage to the heart: ___

3. The likelihood of having another heart attack is lower:

- a) After the first days in the hospital: ___
- b) If the person changes his lifestyle: ___
- c) If the person returns to his normal level of activity right after leaving the hospital: ___

4. After a heart attack:

- a) Most people never get back to their previous level of activity: ___
- b) Most people are able to return to part-time work, or lighter full time work, in 8 to 12 weeks after leaving the hospital: ___
- c) After a heart attack sex life has to change forever: ___
- d) Because they rest in hospital, the majority of people are full of energy when they come home: ___
- e) Do not drink alcohol: ___
- f) You can drive during the first week after leaving the hospital: ___
- g) It is important to avoid laughing too hard: ___