Appendix A

Search Strategy

Search carried out in MEDLINE, EMBASE, PsycINFO, CINAHL and the Cochrane Library. Date of Search 7th February 2019. Built-in limiters: adult participants, human participants, any journal type, journals published in the English language and published after the year 2000.

 **# Searches**

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| --- |
| 1. "behavi\* therap\*"
 |
| 1. "behavi\* intervention\*"
 |
| 1. "behavi\* program
 |
| 1. "behavi\* management
 |
| 1. "cognitive therap\*"
 |
| 1. "cognitive intervention\*"
 |
| 1. "cognitive program\*"
 |
| 1. "cognitive management"
 |
| 1. "CBT".
 |
| 1. "psychological intervention\*"
 |
| 1. "psychosocial intervention\*"
 |
| 1. "cognitive behavi\* therap\*"
 |
| 1. "self help"
 |
| 1. "self management"
 |
| 1. "relaxation"
 |
| 1. "mindfulness"
 |
| 1. "psycho-educational therap\*"
 |
| 1. "talking therap\*"
 |
| 1. "behavi\* tratement"
 |
| 1. "cognitive treatment"
 |
| 1. "behavi\* activation"
 |
| 1. "CT"
 |
| 1. 1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9 or 10 or 11 or 12 or 13 or 14 or 15 or 16 or 17 or 18 or 19 or 20 or 21 or 22
 |
| 1. "heart disease"
 |
| 1. "coronary heart disease"
 |
| 1. "CHD"
 |
| 1. "coronary artery disease"
 |
| 1. "angina"
 |
| 1. "myocard\* infarct\*"
 |
| 1. "cardiac disease"
 |
| 1. "cardiovascular disease”
 |
| 1. "COPD"
 |
| 1. "chronic obstructive pulmonary disease"
 |
| 1. "pulmonary disease"
 |
| 1. "respiratory disease"
 |
| 1. "asthma"
 |
| 1. "MUS"
 |
| 1. "medically unexplained symptoms"
 |
| 1. "somatoform disorders"
 |
| 1. "chronic fatigue syndrome"
 |
| 1. "CFS"
 |
| 1. "irritable bowel syndrome"
 |
| 1. "IBS"
 |
| 1. "fibromyalgia"
 |
| 1. "diabet\*"
 |
| 1. 24 or 25 or 26 or 27 or 28 or 29 or 30 or 31 or 32 or 33 or 34 or 35 or 36 or 37 or 38 or 39 or 40 or 41 or 42 or 43 or 44 or 45
 |
| 1. "mental disorders”
 |
| 1. "mental health"
 |
| 1. "depress\*"
 |
| 1. "anxiety\*"
 |
| 1. "co-morbid psychological distress"
 |
| 1. "psychological morbidity"
 |
| 1. "stress"
 |
| 1. "adjustment"
 |
| 1. "coping"
 |
| 1. "psychopathology"
 |
| 1. "low mood"
 |
| 1. "panic"
 |
| 1. 47 or 48 or 49 or 50 or 51 or 52 or 53 or 54 or 55 or 56 or 57 or 58
 |
| 1. 23 and 46 and 59
 |