

CONSORT 2010 Flow Diagram

**Enrollment**

Lost to follow-up (give reasons) (n=2)

* 1 lost contact at week 4
* 1 lost contact at week 16

Lost to follow-up (give reasons) (n=3)

* 1 lost contact at week 4
* 1 lost contact at week 8
* 1 lost contact at week 12

Discontinued intervention (give reasons) (n=0)

Analysed (n=31)

* Excluded from analysis (give reasons) (n=0)

**Analysis**

Analysed (n=29)

* Excluded from analysis (give reasons) (n=0)

Discontinued intervention (give reasons) (n=0)

Randomized (n=60)

Excluded (n=106)

* Not meeting inclusion criteria (n=84)
* Declined to participate (n=20)
* Other reasons (n=2)

Assessed for eligibility (n=166)

**Follow-Up**

Allocated to intervention (n=31)

* Received allocated intervention (n=31)
* Did not receive allocated intervention (give reasons) (n=0)

Allocated to intervention (n=29)

* Received allocated intervention (n=29)
* Did not receive allocated intervention (give reasons) (n=0)

**Allocation**