



Supplementary material

Epicardial Adipose Tissue in the General Middle-aged Population and Its Association With Metabolic Syndrome

Table of the supplementary material

Mean Differences (95% Confidence Interval) in Epicardial Adipose Tissue (mm) According to Age Among Men and Women Without Metabolic Syndrome

| | 45–54 y | 55–64 y | ≥ 65 y | P for trend |
|--|-----------|------------------|------------------|-------------|
| Men | | | | |
| | (n = 73) | (n = 61) | (n = 26) | |
| Crude | 0 (ref.) | 0.90 (0.31–1.49) | 1.74 (0.97–2.52) | < .001 |
| Multivariable adjusted model* | 0 (ref.) | 1.07 (0.47–1.66) | 1.90 (1.12–2.69) | < .001 |
| Women | | | | |
| | (n = 124) | (n = 75) | (n = 29) | |
| Crude | 0 (ref.) | 0.68 (0.17–1.18) | 1.58 (0.87–2.30) | < .001 |
| Multivariable adjusted model* | 0 (ref.) | 0.67 (0.17–1.17) | 1.54 (0.86–2.22) | < .001 |

*Adjusted for sex, smoking, body surface area (tertiles), C-reactive protein (dichotomous), overweight, obesity, and waist-to-height ratio (dichotomous).