

Supplementary Table 1: List of adverse effect referred by patients of both treatments groups throughout the study.

	ACT
Extremity swelling	Dental infection Lumbago Nasopharyngitis Maxillary torus milling Hypercholesterolemia Acute gingivitis Renal colic Lithiasis with septic shock Surgical intervention basal cell carcinoma Hysteroscopic polypectomy Right foot pain Blood hypotension Increased GGT Surgical intervention left carpal tunnel syndrome